# Arizona Youth Tobacco Survey 2007 Report 

Prepared by the<br>Evaluation, Research and Development Unit<br>The University of Arizona

Funded by the
Arizona Department of Health Services

J une 2008

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# Thanks \& Appreciation to 

The students who participated in the survey
and
The teachers and principals who facilitated their participation

## Suggested citation

Malter, F.; Olderbaek, S.; Walsh, M. (2008). Arizona Youth Tobacco Survey - Report 2007.
Evaluation, Research and Development Unit, The University of Arizona, Tucson

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## Definitions of frequently used terms

## Tobacco Use

- Ever Users: Students who reported ever trying a tobacco product (i.e. cigarettes, smokeless tobacco, cigars or cigarillos, or bidis) in their lifetime.
- Current Users: Students who reported use of a tobacco product (i.e. cigarettes, smokeless tobacco, cigars or cigarillos, or bidis) at least once in the 30 days prior to participating in the survey.


## Cigarette Smoking

- Ever Smoker: Students who reported ever smoking a cigarette, even one or two puffs, in their lifetime.
- Current Smoker: Students who reported smoking a cigarette at least once in the 30 days prior to participating in the survey.
- Frequent Smoker: Students who reported smoking cigarettes on 20 or more days out of the past 30 days prior to participating in the survey.
- Never Smoker: Students who reported they have never tried smoking, even one or two puffs, during their lifetime.


## Tobacco Products

- Bidi: A cigarette made by rolling tobacco by hand in a dried leaf from the tendu tree (a member of the ebony family). Most bidis are made in India and come in different flavors ${ }^{1}$.
- Cigarette: A narrow, short roll of finely cut, cured tobacco for smoking, usually wrapped in thin white paper ${ }^{2}$.
- Cigar: A cure cylindrical roll of tobacco leaves for smoking ${ }^{2}$.
- Cigarillo: A small, thin cigar ${ }^{2}$.
- Kretek: A cigarette made of Indonesian tobacco and cloves ${ }^{3}$.
- Pipe: A tube with a small bowl at one end; used for smoking tobacco ${ }^{4}$.
- Hookah (also called 'Shisha' or 'Narghile'): A water pipe originating from eastern Mediterranean cultures; used for smoking flavored and sweetened, mostly moist tobacco ${ }^{5}$

[^0]- Smokeless Tobacco: Tobacco that is not smoked but used in another form such as chewing tobacco, snus or snuff ${ }^{6}$.

[^1]
## 1. Executive Summary

## Prevalence of Any Tobacco Use

- Reports of ever tobacco use have decreased in both middle (from 2000) and high school (from 2003). ${ }^{7}$
- Reports of current tobacco use have decreased among middle school students, but have increased slightly among high school students.
- Reports of ever use of any tobacco are decreasing among every ethnic grouped examined, in both middle and high school.
- Reports of current use of any tobacco have steadily increased among Hispanic/Latino high school students.
- American Indian/Alaskan Native students show the highest reported ever and current tobacco use rates in middle and high school. However, reported ever and current rates continued to drop for American Indian students.
- Reports of ever hookah use have at least doubled for each grade since 2005, and have more than tripled for some grade levels suggesting that hookah use is becoming more popular. Reported ever use steadily increased with grade level.


## Prevalence of Cigarette Smoking

- Reports of ever cigarette smoking decreased for both middle and high school students, for both genders.
- Reports of ever cigarette smoking in middle and high school showed a decreasing trend in each ethnic group.
- Historically, female students had lower reported use rates than male students for all categories of tobacco. In 2007, for the first time, this trend was reversed for current cigarette smoking: female smoking prevalence exceeded male rates by two percent points ( $8 \%$ vs. 6\%, respectively).


## Exposure to Secondhand Smoke

- Self-reported exposure to secondhand smoke either in a room, or in a car, continued to decrease among both middle and high school students.

[^2]- About three quarters of middle and high school students reported living in homes where smoking was not allowed anywhere in the home.


## Cessation

- The percent of current smokers in middle school who expressed a desire to quit has been decreasing since 2000.
- The majority of current smokers in middle and high school (e.g. $84 \%$ for middle school and $85 \%$ for high school) reported they could quit smoking if they wanted
- The rate of current smokers in middle school who reported having made a quit attempt has decreased steadily.
- The rate of current smokers who reported knowing where to get help for quitting smoking steadily declined for both middle and high school.
- There was a substantial increase in the rate of current smokers who reported using a nicotine patch or gum to help them quit smoking among both middle and high school students.
- Only 17 percent of students who are current smokers reported that they were asked if they smoked by health care professionals.


## Access to Cigarettes

- Only one out of four current smokers under the age of 18 reported that they were asked to show proof of age when attempting to buy cigarettes.


## Smoking and the Social Environment (including Media Influence)

- Only eight percent of all students reported that their parents or guardians had discussed the dangers of tobacco use with them.
- Sixty percent of all surveyed students reported that none of their closest friends smoke.


## 2. Introduction

The 2007 Arizona Youth Tobacco Survey (YTS) was completed in the spring of 2007 and is the fourth in a series of biannual school-based tobacco-focused surveys first implemented in the spring of 2000. The survey is designed to help monitor trends in tobacco use among public school students in grades 6 through 12 and to compare changes in rates over time. The survey also collects data on topics including: tobacco use; tobacco-related knowledge, attitudes and beliefs; access to tobacco products; exposure to environmental tobacco smoke; initiation and cessation; influence of family, friends and the media; and social, school and community interventions.

## 3. Methodology

### 3.1. Instrument

The Arizona Youth Tobacco Survey uses a core set of questions developed by the Office on Smoking and Health (OSH) at the Centers for Disease Control and Prevention (CDC) to assist states with their tobacco control efforts. For the high school sample, YTS was administered simultaneously with the Youth Risk Behavior Survey in the spring of 2007 as part of a collaborative effort between the Arizona Department of Education (ADE) and the Arizona Department of Health Services (ADHS). The 2007 Arizona YTS contains 98 multiple-choice questions, 61 of which are core questions from the CDC's Youth Tobacco Survey. The questions cover prevalence, sources of tobacco products, attitudes and beliefs, second-hand smoke, media exposure, social influences. Results from the Arizona YTS can therefore be compared with results from other states and the National Youth Tobacco Survey conducted by the CDC. (See Appendix B for questionnaire and response rates for each item.)

### 3.2. Sampling Methodology

The CDC and a subcontractor, ORC Macro, devised the sampling methods for the 2007 Arizona YTS. Separate middle school and high school samples were selected from all public and charter schools in Arizona. The objective of the samples was to obtain $95 \%$ confidence limits of approximately $\pm 5 \%$ around key variables. There were four separate samples: (1) district high school; (2) district middle school; (3) charter high school and (4) charter middle school. All schools with more than three students in grades 6-8 were included in the middle-school sampling frame. All schools with more than three students in grades $9-12$ were included in the high-school sampling frame. A two-stage cluster sample design was used to produce a representative sample of middle school students in grades 6-8 and high school students in grades 9-12. All students within the selected class were asked to participate.

### 3.3. Response Rates

Table 1. YTS 2007 School and Student Response Rates

| YTS 2007 Student and School Response Rates |  |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | Schools |  |  | Students |  |  | Overall Response Rate |
|  | Selected | Participated | Percent | Selected | Participated | Percent |  |
| District Middle | 39 | 37 | 95\% | 2609 | 2283 | 88\% | 83\% |
| Charter Middle | 34 | 27 | 79\% | 1411 | 1197 | 85\% | 67\% |
| District High | 40 | 38 | 95\% | 2021 | 1825 | 90\% | 86\% |
| Charter High | 43 | 42 | 98\% | 1561 | 1192 | 76\% | 75\% |
| Total | 156 | 144 | 92\% | 7602 | 6497 | 85\% | 78\% |

Data Source: ORC Macro, AZ YTS 2007

### 3.4. Weighting and Analysis

A weighting system was devised based on (a) the probabilities of selecting the school and selecting the classroom, (b) a non-response adjustment factor for school size, (c) a class adjustment factor, calculated by school, (d) a student-level non-response adjustment, calculated by class, and (e) a post-stratification adjustment factor, calculated by gender, grade and race. The weighting system was designed to allow for statewide inferences concerning tobacco use risk behaviors for all public and charter school students in grades 6-8 and grades 9-12.
The analyses presented in this report were calculated using SPSS version 14.0 and the sampling weights. In compliance with the survey methodology, all percent findings reported in this document are based on weighted data, and all frequency counts (e.g. sample sizes) are based on unweighted data.

### 3.5. Sample Demographics

Table 2. Gender Distribution

|  | Number of Participants | Weighted Percent |
| :---: | :---: | :---: |
| Male | 3228 | $49 \%$ |
| Female | 3224 | $51 \%$ |
| Not Identified | 45 | $1 \%$ |
| Total | $\mathbf{6 4 9 7}$ | $\mathbf{1 0 1 \% *}$ |

Data Source: AZ YTS 2007 * Column sums to over 100\% due to rounding
Table 3. Age Distribution

|  | Number of Participants | Weighted Percent |
| :---: | :---: | :---: |
| 11 years or younger | 446 | $5 \%$ |
| 12 years | 1167 | $15 \%$ |
| 13 years | 1162 | $16 \%$ |
| 14 years | 944 | $14 \%$ |
| 15 years | 862 | $15 \%$ |
| 16 years | 832 | $15 \%$ |
| 17 years | 647 | $13 \%$ |
| 18 years or older | 423 | $8 \%$ |
| Not Identified | 14 | $\mathbf{1 0 1 \% *}$ |
| Total | $\mathbf{6 4 9 7}$ |  |

Data Source: AZ YTS 2007 * Column sums to over 100\% due to rounding

Table 4. Grade Distribution

|  | Number of Participants | Weighted Percent |
| :---: | :---: | :---: |
| 6th Grade | 1216 | $15 \%$ |
| 7th Grade | 1194 | $15 \%$ |
| 8th Grade | 1037 | $15 \%$ |
| 9th Grade | 822 | $15 \%$ |
| 10th Grade | 905 | $14 \%$ |
| 11th Grade | 613 | $13 \%$ |
| 12th Grade | 642 | $13 \%$ |
| Not Identified | 68 | $\mathbf{1 0 \%}$ |
| Total | $\mathbf{6 4 9 7}$ | $\mathbf{1 0 1 \% *}$ |

Data Source: AZ YTS 2007 * Column sums to over 100\% due to rounding

Table 5. Ethnicity Distribution

|  | Number of Participants | Weighted Percent |
| :---: | :---: | :---: |
| White | 2787 | $50 \%$ |
| Hispanic or Latino | 2459 | $33 \%$ |
| Black or African American** | 468 | $6 \%$ |
| American Indian or Alaskan Native** | 346 | $5 \%$ |
| Asian*** | 159 | $3 \%$ |
| Native Hawaian or Other Pacific | 91 | $\mathbf{1 0 1 \% *}$ |
| Islander*** |  |  |
| Total | $\mathbf{6 4 9 7}$ | $\mathbf{1 0 1 \%}$ |

Data Source: AZ YTS 2007 * Column sums to over 100\% due to rounding
** Due to relatively small sample sizes of these groups, findings for 2007 and trends over time have to interpreted with caution.
*** Due to small sample sizes of these groups, findings would be of very low reliability and therefore no results will be presented in this report.

### 3.6. Recalculation of YTS 2000, 2003, and 2005

Because this report makes comparisons over time, findings on ever and current tobacco use for 2000, 2003 and 2005 were recalculated to include only those tobacco products asked about in 2007.

- Ever tobacco use: cigarettes, cigars, cigarillos, smokeless tobacco, bidis.
- Current tobacco use: cigarettes, cigars, cigarillos, smokeless tobacco, bidis.

As a result, the 2000, 2003 and 2005 ever and current tobacco use rates presented in this report are less than or equal to those reported earlier in the 2000, 2003 and 2005 Arizona Youth Tobacco Survey Reports.
The ever and current tobacco use rates presented in this report represent the standard way of measuring tobacco use. In Arizona, however, pipe and hookah use are on the rise. This means that the ever and current tobacco use rates presented here are underestimates. For example, respondents who have used a hookah, but no other form of tobacco, will not be counted as the ever or current users.

### 3.7. Missing Data

For all analyses in this report, including rates for 2000, 2003, and 2005, participants who had missing data were excluded from analyses. Ever and current tobacco use were computed by integrating responses to several items. (For details, see "Definition of frequently used terms.") If a respondent replied "Yes" to any applicable question, and had missing data on some of the other items, the person was coded an ever or current tobacco user. However, if a respondent replied "No" to some of the applicable questions and did not respond to some others, the case was coded as 'missing' and excluded from further analysis. Only participants who responded that they had not used any tobacco product were coded as never user or not current user, respectively. Due to the coding of missing data, some of the rates in this report may be slightly different from those presented in previous YTS reports where missing data was handled in different ways.

### 3.8. Survey Limitations

There are important limitations to school-based surveillance methodology. First, the prevalence rates presented here are based on self-reported behaviors and may be subject to social desirability. Even in a confidential survey, students may be disinclined to describe themselves in completely truthful ways. In addition, not all Arizona youth are represented by the findings from the survey. Rather, YTS data are representative of the district and charter school student population. The following groups are not included in the survey and may be at a high risk for tobacco use, possibly causing the rates in this report to be underestimates of overall Arizona youth smoking rates:

- Young people who drop out of school (approximately $6.4 \%$ of Arizona high school students in the 2005-2006 school year ${ }^{8}$ ) have higher rates of tobacco use than adolescents who are in school.

[^3]- Young people in juvenile correctional facilities, special schools (vocational education, blind, deaf), or private schools.
- Students who frequently miss school may be under-represented.

In addition, the YTS survey does not provide data on family background characteristics, such as parental income, education levels or smoking status, and other contextual variables that may be linked with tobacco use.

Finally, all findings presented here were derived from self-report only. Self-report does not necessarily correspond with actual behavior.

## 4. Results and Trends

### 4.1. Prevalence of Tobacco Use

This section of the report presents prevalence rates for students who reported using any type of tobacco product, as well as breakdowns for individual products. Some students used more than one type of tobacco product, which is why 'Any Tobacco' prevalence is not the sum of the prevalence rates for specific tobacco products.

## Ever Tobacco Use

$[\rightarrow$ Figure 1] Over one third of middle school students and over half of high school students indicated ever trying some form of tobacco, at least once in their lives. Cigarettes were the most popular tobacco product ever tried (Figure1).

Figure 1. Ever Tobacco Use by Middle and High School

[ $\rightarrow$ Figure 2] Middle school students' ever use of tobacco products has decreased since 2000. Among high school students, ever cigarette use and bidi use has declined since 2003 while ever use of cigar/cigarillo and smokeless tobacco was roughly the same as in $2003^{9}$. The trends for both middle and high school students are similar.

[^4]Figure 2. $\quad$ Trends in Ever Tobacco Use Among Middle School and High School Students


Data Source: AZ YTS 2000, 2003, 2005, 2007

## Current Tobacco Use

[ $\rightarrow$ Figure 3] Fewer than 1 in 5 middle school students and 1 in 3 high school students reported current use of any tobacco product. Cigarettes were the most popular tobacco products used, closely followed by cigars/cigarillos.

Figure 3. Current Tobacco Use by Middle and High School

[ $\rightarrow$ Figure 4] Since 2000, current use of any tobacco product has declined among middle school students, presumably because of the decline in cigarette use. Cigars, smokeless tobacco and bidis showed little change for middle school students. Prevalence rates among high school students, however, show a different trend. Overall, current use of any tobacco among high school students has increased since 2003, due to an increase in use of non-cigarette tobacco products such as smokeless tobacco, bidis, and cigar/cigarillos.

Figure 4. $\quad$ Trends in Current Tobacco Use Among Middle School and High School Students


Data Source: AZ YTS 2000, 2003, 2005, 2007

## Comparing Arizona Rates with National Rates

The national any tobacco category is composed of the same variables used in the definition of any tobacco for this report (e.g. cigarettes, cigar/cigarillo, smokeless, and bidis) with the addition of one more tobacco product, kreteks. Unfortunately, the YTS did not ask about current kretek use in Arizona, so this tobacco product was left out of the any tobacco category. As such, any tobacco use rates in Arizona may have been slightly higher if current kretek use had been included.
[ $\rightarrow$ Figure 5] For middle school students overall, the national rates show steeper declines than do Arizona's rates. Use of smokeless tobacco in Arizona has generally been lower than national rates, but the national rate has declined, while Arizona's rate has held steady, so that in 2006 the national rate was the same as Arizona's 2007 rate (3\%). Use of cigars/cigarillos appeared to lose popularity on the national level while no change could be observed for Arizona middle school youth.

Figure 5. Current Tobacco Use: Comparing Arizona to National Rates Among Middle School
Students


Data Source: AZ YTS 2000, 2003, 2005, 2007; NYTS 2004, 2006
[ $\rightarrow$ Figure 6] Arizona is showing an increase in prevalence rates among high school students for the categories of any tobacco and cigars/cigarillos, while nationally the prevalence appears to be decreasing. For smokeless tobacco, Arizona's trends are similar to the national trends. For cigarettes, Arizona's prevalence rates remain steady, while nationally they appear to be decreasing. In 2007, bidi use was higher in Arizona than it was nationally, with no clear trend in Arizona.

Figure 6. Current Tobacco Use: Comparing Arizona to National Rates Among High School
Students


Data Source: AZ YTS 2000, 2003, 2005, 2007; NYTS 2004, 2006

## Tobacco Use by Grade

$\left[\rightarrow\right.$ Figure 7] Ever and current tobacco use show a steady increase with grade level. By $12^{\text {th }}$ grade, about three out of four students have at least tried tobacco once.

Figure 7. Ever and Current Tobacco Use by Grade


## Tobacco Use by Gender

[ $\rightarrow$ Figure 8] Overall, ever tobacco use is consistently higher among males than females. These differences by gender become more pronounced in high school.

Among middle school students, males consistently show a higher prevalence rate than females across all products since 2000. Trends over time are similar for males and females for all categories, and generally show a downward trend.

Figure 8. Ever Tobacco Use by Gender Among Middle School Students


Data Source: AZ YTS 2000, 2003, 2005, 2007
[ $\rightarrow$ Figure 9] High school male students consistently report a higher prevalence rate than females across products.

Figure 9. Ever Tobacco Use by Gender Among High School Students


Data Source: AZ YTS 2000, 2003, 2005, 2007
[ $\rightarrow$ Figure 10] Overall, current tobacco use is higher among middle school males than females across all tobacco products, except for cigarette use. In 2007, for the first time, girls reported a higher prevalence rate than boys, though this appears to be driven by a steep decline in boys' use rather than an increase in girls'.

Figure 10. Current Tobacco Use by Gender Among Middle School Students


Data Source: AZ YTS 2000, 2003, 2005, 2007
[ $\rightarrow$ Figure 11] Parallel to what has been found for ever use of tobacco, the gender differences in current tobacco use are larger in high school than in middle school. The trends in current tobacco use among high school students from 2003 to 2007, however, are similar for males and females. For males, cigarette and cigar/cigarillo use are about equally high, while for females cigarettes continue to be the most commonly used product.

Figure 11. Current Tobacco Use by Gender Among High School Students


Data Source: AZ YTS 2000, 2003, 2005, 2007

## Tobacco Use by Ethnicity

[ $\rightarrow$ Figure 12] American Indian/Alaskan Native students reported the highest rates of ever tobacco use in both middle and high school. In 2007, White students reported the lowest rates in both middle and high school. Ever tobacco use rates show the same decreasing trend for all ethnicities, for both middle and high school.

Figure 12. Trends in Ever Tobacco Use by Ethnicity and by Middle and High School


Data Source: AZ YTS 2000, 2003, 2005, 2007
[ $\rightarrow$ Figure 13] American Indian/Alaskan Native students also reported the highest current tobacco use rates in both middle school and high school. In high school, Hispanic/Latino and White students showed an increase in prevalence rates. In middle school, Hispanic/Latino and White students appear to have decreasing prevalence rates. American Indian/Alaskan Native and Black/African American students show a decrease for both middle and high school when compared to 2000.

Figure 13. Current Tobacco Use by Ethnicity and by Middle and High School


[^5]
### 4.2. Prevalence of Cigarette Smoking

This section of the report provides information on cigarette smoking only.

## Cigarette Smoking by Middle and High School

[ $\rightarrow$ Figure 14] Ever cigarette smoking rates decreased for both middle and high school students since 2003, as did current smoking rates for middle school students. However, frequent and current smoking rates among high school students remained roughly stable.

Figure 14. Trends in Ever, Current and Frequent Cigarette Smoking by Middle and High School


[^6]
## Cigarette Smoking by Gender

$[\rightarrow$ Figure 15] Ever cigarette smoking for both males and females has been steadily decreasing in both middle and high school.

Figure 15. Trends in Ever Cigarette Smoking by Gender and by Middle and High School

[ $\rightarrow$ Figure 16] Current cigarette smoking rates for both male and female high school students have remained fairly stable since 2003. In 2007, for the first time, at least the same rate of female students in middle school reported smoking cigarettes than did male students. Among male middle school students, there has been a decreasing trend in current cigarette smoking since 2000.

Figure 16. Trends in Current Cigarette Smoking by Gender and by Middle and High School
Trends in Current Cigarette Smoking by Gender and by Middle and High School


[^7][ $\rightarrow$ Figure 17] Frequent cigarette use has remained steady among male and female students in middle and high school.

Figure 17. Trends in Frequent Cigarette Smoking by Gender and by Middle and High School


Data Source: AZ YTS 2003, 2005, 2007

## Cigarette Smoking by Ethnicity

[ $\rightarrow$ Figure 18] Hispanic/Latino and White students showed a decreasing trend in ever cigarette smoking for both middle and high school. The steepest decline appears to be occurring for Hispanic/Latino students in middle school. When compared to the baseline survey year, rates for all ethnicities in both middle and high school have declined.

Figure 18. Trends in Ever Cigarette Smoking by Ethnicity and by Middle and High School


Data Source: AZ YTS 2000, 2003, 2005, 2007
[ $\rightarrow$ Figure 19] Middle school students showed a decreasing trend for current cigarette smoking across all ethnicities, except for White students among whom the trend remained steady.
Current cigarette smoking rates in high school remained roughly stable for most ethnic groups, except for Black/African American students, for whom rates appear to be decreasing somewhat since 2003.

Figure 19. Current Cigarette Smoking by Ethnicity and by Middle and High School


Data Source: AZ YTS 2000, 2003, 2005, 2007
$[\rightarrow$ Figure 20] Rates of frequent cigarette smoking are low and roughly stable for middle school students. In high school, there has been a slight increase in frequent smoking among Hispanic/Latino students, and a slight decrease amongst Black/African American students.

Figure 20. Frequent Cigarette Smoking by Ethnicity and by Middle and High School


Data Source: AZ YTS 2000, 2003, 2005, 2007

## Cigarette Smoking by Grade

[ $\rightarrow$ Figure 21] Ever, current, and frequent cigarette smoking increase steadily with grade.
Figure 21. Ever, Current and Frequent Cigarette Smoking by Grade


### 4.3. Prevalence of Alternative Forms of Tobacco

The following section presents results and trends for alternative forms of tobacco not yet discussed in this report: hookah, kreteks, and pipe.

## Hookah

[ $\rightarrow$ Figure 22] Ever hookah use in 2007 was 7 percent for middle school students and 22 percent for high school. Ever hookah use steadily increased across grades. Reports of ever hookah use nearly doubled from 2005 when the prevalence rate was 2 percent for middle school students and 13 percent for high school students, though some of this increase may be attributable to a slight change in how the question was asked.

Figure 22. Ever Hookah Use by Grade


## Kretek

Trends in ever kretek use have remained relatively stable for both middle and high school students.

Table 6. Trends in Ever Kretek Use by Middle and High School

|  | 2000 | 2003 | 2005 | 2007 |
| :---: | :---: | :---: | :---: | :---: |
| Middle school | $5 \%$ | $4 \%$ | $1 \%$ | $4 \%$ |
| High school | n.a. | $8 \%$ | $2 \%$ | $8 \%$ |

Data Source: AZ YTS 2000, 2003, 2005, 2007

## Pipe

Trends in current pipe use have remained relatively stable for middle school students. High school students seemed to be reporting a slightly increased rate of pipe use.

Table 7. Trends in Current Pipe Use by Middle and High School

|  | $\mathbf{2 0 0 0}$ | $\mathbf{2 0 0 3}$ | $\mathbf{2 0 0 5}$ | 2007 |
| :---: | :---: | :---: | :---: | :---: |
| Middle school | $4 \%$ | $5 \%$ | $3 \%$ | $4 \%$ |
| High school | n.a. | $5 \%$ | $6 \%$ | $7 \%$ |

Data Source: AZ YTS 2000, 2003, 2005, 2007

### 4.4. Exposure to Secondhand Smoke

Secondhand smoke contains cancer-causing chemicals and contributes to numerous diseases in both adults and children ${ }^{10}$. The impact of secondhand smoke on young people's health is heightened due to their ongoing physiological development. Young people are particularly vulnerable to exposure to secondhand smoke at home and in cars, where concentrations of toxic chemicals from tobacco smoke can reach excessively high levels.

[^8]
## Secondhand Smoke Exposure in Rooms and Cars

[ $\rightarrow$ Figure 23] Overall, more high school students reported being exposed to secondhand smoke than did middle school students.

Figure 23. Exposure to Secondhand Smoke in Rooms and Cars by Middle and High School

$[\rightarrow$ Figure 24] Exposure to secondhand smoke reported by middle school students has declined in every category from the baseline year.

Figure 24. Trends in Exposure to Secondhand Smoke in Rooms and Cars, Comparing Middle School Students Across Years

[ $\rightarrow$ Figure 25] Exposure to secondhand smoke reported by high school students has declined across all categories since 2003.

Figure 25. Trends in Exposure to Secondhand Smoke in Rooms and Cars, Comparing High School Students Across Years


Data Source: AZ YTS 2003, 2005, 2007 (MS Only)
[ $\rightarrow$ Figure 26] Students who live with a smoker reported drastically higher exposure to secondhand smoke, two to seven times higher, than those who do not live with a smoker.

Figure 26. Exposure to Secondhand Smoke in Rooms and Cars, Comparing Those Who Live with a Smoker and Those Who do Not

[ $\rightarrow$ Figure 27, 28] Overall, secondhand smoke exposure, both for students living with a smoker and students not living with a smoker, has declined since 2003.

Figure 27. Trends in Exposure to Secondhand Smoke in Rooms and Cars Among Those Who Live with a Smoker


Data Source: AZ YTS 2003, 2005, 2007

Figure 28. Trends in Exposure to Secondhand Smoke in Rooms and Cars Among Those Not Living with a Smoker


## Rules about Smoking in the Home

$[\rightarrow$ Figure 29] In 2007, the majority of middle and high school students reported living in homes where smoking was not allowed anywhere in the home.

Figure 29. Rules About Smoking in the Home

[ $\rightarrow$ Figure 30] Students who live with a smoker were more likely to report that smoking was allowed in some places, at some times, or anywhere in their homes compared with students who do not live with a smoker.

Figure 30. Rules About Smoking in the Home by Presence of a Smoker


[^9]
### 4.5. Cessation

[ $\rightarrow$ Figure 31] In 2007, roughly half of all current cigarette smokers in high school expressed a desire to quit. In middle school however, there seems to be a declining trend in the reported desire to quit smoking cigarettes among current smokers.

Figure 31. Percent of Current Smokers Wanting to Quit Smoking Cigarettes


Data source: AZ YTS 2007, 2005, 2003, 2000 (MS only)
[ $\rightarrow$ Figure 32] The large majority of current smokers reported that they believed they could quit smoking cigarettes if they wanted to.

Figure 32. Percent of Current Smokers Who Think They Could Quit Smoking Cigarettes

[ $\rightarrow$ Figure 33] Students were also asked whether they have made a quit attempt on the past 12 months. Among middle school smokers, the rate of students reporting a quit attempt has declined steadily. In 2007, about half of all high school smokers reported a quit attempt during the past 12 months. This rate has increased since 2003.

Figure 33. Percent of Smokers Who Reported a Quit Attempt During the Past 12 Months

[ $\rightarrow$ Figure 34] A declining rate of middle and high school smokers reported knowing where to get help to quit smoking. In 2007 for the first time, less than half of current smokers in high school reported knowing where to get help for quitting smoking.

Figure 34. Percent of Student Knowing Where to Get Help to Quit Smoking

[ $\rightarrow$ Figure 35] Similarly, in 2007 fewer middle school students reported participating in a program to help them quit when compared to 2000 and 2003, but no changes occurred between 2005 and 2007. For high school students, a steady trend was found with roughly one in ten students reporting participation in a quit program.

Figure 35. Percent of Ever Tobacco Users Who Participated in a Program to Help Them Quit
Tobacco


The rate of ever smokers who have tried a nicotine patch or gum has increased substantially, for both middle school as well as high school. Both rates more than doubled from 2005.

Table 8. Percent of Ever Cigarette Smokers Who Have Tried a Nicotine Patch or Gum to Help Them Quit Smoking

|  | 2005 | 2007 |
| :---: | :---: | :---: |
| Middle school | $7 \%$ | $15 \%$ |
| High school | $5 \%$ | $13 \%$ |

Data Source: AZ YTS 2007

### 4.6. Access to Cigarettes

Students under 18 often acquired tobacco products through social networks such as borrowing or bumming cigarettes from friends. However, middle and high school students show different patterns of sources they reported for acquiring cigarettes.
[ $\rightarrow$ Figure 36] Among middle school students, the most commonly reported method of getting cigarettes was "some other way". Students were not asked to provide further detail on this "other" category. High school students reported that their most common method of getting cigarettes was to give someone else money to buy the cigarettes for them.

Figure 36. How Current Smokers Under 18 Reported Getting Cigarettes

[ $\rightarrow$ Figure 37] Both high school and middle school students reported gas stations as a typical store location for purchasing cigarettes. Tobacco or smoke shops and convenience stores were also often used.

Figure 37. Store Types Where Current Smokers Under 18 Who Bought Cigarettes from a Store During the Past 30 Days Reported Buying Them

[ $\rightarrow$ Figure 38] After an unspecified "other" location, gas stations continue to be the most common type of store where middle school students reported buying cigarettes.

Figure 38. Trends in Store Types Where Current Smokers Under 18 Who Bought Cigarettes Reported Buying During the Past 30 Days, Comparing Middle School Students Across Years


Data source: AZ YTS 2007, 2005, 2003 (MS Only)
[ $\rightarrow$ Figure 39] Gas stations are the most often mentioned outlet for buying cigarettes among high school students, with little change over time. Convenience stores continue to be a common location where high school students reported buying cigarettes, but these outlets appeared to lose popularity since 2003. Internet sales remain fairly low, but have increased to the point that a higher proportion of students reported this method than buying from drugstores.

Figure 39. Trends in Store Types Where Current Smokers Under 18 Who Bought Cigarettes Reported Buying During the Past 30 Days, Comparing High School Students Across Years


[^10][ $\rightarrow$ Figure 40] The proportion of middle school students who were asked to show proof of age has increased overall but has fallen below the peak in 2005. Reports of sale refusals peaked in 2003, but appear roughly steady in the general trend.

Figure 40. Trends in Proof of Age Request and Sale Refusal to Current Smokers Under 18 Who Bought Cigarettes From a Store During the Past 30 Days, Comparing Middle School Students Across Years

[ $\rightarrow$ Figure 41] For high school smokers under the age of 18 years, reports of requests for proof of age dropped from 2003 to 2007, while sale refusals have remained roughly stable.

Figure 41. Trends in Proof of Age Request and Sale Refusal to Current Smokers Under 18 Who Bought Cigarettes From a Store During the Past 30 Days, Comparing High School Students Across Years


### 4.7. Media Influence

[ $\rightarrow$ Figure 42] Students consistently reported high rates of seeing an actor on television or in the movies smoke a cigarette. Roughly, four out of five students reported seeing an actor smoking cigarettes. Rates of seeing a tobacco ad on the internet have slightly increased with about one out of three students reporting exposure to tobacco ads on the internet. Seeing athletes smoking cigarettes was reported by a slightly lower rate of students in 2007 than previous years.

Figure 42. Trends in Media Exposure


[^11]
### 4.8. Smoking and the social environment

[ $\rightarrow$ Figure 43] Only eight percent of all students reported that their parents or guardians had discussed the dangers of tobacco use with them. Older students were less likely to report that their parents had discussed the dangers of tobacco use with them.

Figure 43. Percent of Students Whose Parents Have Discussed the Dangers of Using Tobacco Often or Very Often

[ $\rightarrow$ Figure 44] Among all respondents to YTS 2007, 60 percent reported that none of their closest friends smoked. A breakdown by age reveals that students become more likely to have some smoking friends as they progress through the grades.

Figure 44. Percent of Students Who Reported None of Their Closest Friends Smoke
Percent of Students Who Reported None of Their Closest Friends

When asked if a lot of kids smoke at their school, 37 percent of middle school students and 77 percent of high school students reported "definitely yes" or "probably yes". Among middle school students, 27 percent answered "definitely yes" or "probably yes" when asked if kids ever smoke on school property or at school games ( 70 percent of high school students).
When asked about anti-tobacco content in any school class, 43 percent of all YTS 2007 respondents confirmed that they were taught about the dangers of tobacco ( $57 \%$ of middle school students and $31 \%$ of high school students). Twenty-four percent of students had missing data or were not sure about anti-tobacco content in the classroom. About 16 percent of all students had participated in a school event, club or group that discouraged tobacco use. When asked about participation in a community event that discouraged tobacco use, 9 percent of students reported having participated. However, this rate is slightly lower than in 2005 , where 12 percent of all students said that they had participated in a community event that discouraged tobacco use.

Table 9. Classes discouraging tobacco used and perceived effectiveness

|  | Middle school | High school |
| :--- | :---: | :---: |
| Had taken a class discouraging tobacco use during the last school year | $31 \%$ | $17 \%$ |
| Practiced ways of saying no to tobacco in any of their classes (of <br> those who had taken a class) | $64 \%$ | $37 \%$ |
| Reported that the class had helped them to not use or quit tobacco (of <br> those who had taken a class) | $80 \%$ | $68 \%$ |

Data Source: AZ YTS 2007
Students who reported that had visited a health professional were also asked if a dentist, doctor, nurse or other health care professional asked them if they smoked and if they were advised by those professionals not to smoke. Overall, 27 percent of students reported that a doctor or other healthcare professional had asked them if they smoke and seven percent said a dentist had asked. Table 10 shows breakdowns by smoking status. While almost one out of two current cigarette smokers reported being asked by a doctor or healthcare professional, only one out of five reported being asked by a dentist if they smoke. About one third of current smokers were advised to not smoke.

Table 10. Interaction with health care providers

|  | Current <br> cigarette <br> smoker | Not currently <br> smoking <br> cigarettes |
| :--- | :---: | :---: |
| A doctor, nurse or other health care professional asked if smoked <br> during the past 12 month | $43 \%$ | $24 \%$ |
| A dentist asked if smoked during the past 12 month | $19 \%$ | $5 \%$ |
| A doctor, dentist, nurse or other health care professional advised not <br> to smoke | $32 \%$ | $22 \%$ |

Data Source: AZ YTS 2007

## 5. Conclusions

Cigarette smoking is continuing to decrease among Arizona students. Reported rates of cigarette use are at their lowest levels since the Youth Tobacco Survey surveillance began, particularly among middle school youth, where the rate of ever using cigarettes is about half that of the baseline year. For the first time, a higher proportion of middle-school girls report the current use of cigarettes than do boys. The difference is driven not by an increase in female smoking, but by a sharp decline amongst boys.
Rates of cigarette smoking remain high among American Indian/Alaska Native youth, despite decreasing trends. It would be helpful to know the degree to which these high rates are driven by commercial tobacco use versus being influenced by reporting of traditional or ceremonial tobacco use. The current survey does not allow those uses to be differentiated.

Along with a decrease in reported smoking come continuing, though slight, decreases in reported exposure to secondhand smoke. Youth who live with smokers, however, continue to report more than three times the frequent exposure (three or more times a week) in a room, and seven times the frequent exposure in a car.

Though the decrease in cigarette use and exposure to second hand smoke are encouraging, there is indication that the use of alternative tobacco products is rising, particularly among high school students. In fact, there has been an overall increase in current use of tobacco products amongst Hispanic/Latino high school students. This increase is counter to the national trend that shows the use of tobacco products decreasing. Smokeless, bidi and hookah use among high school students have risen to their highest levels since the survey began in 2003, with hookah use showing stark increases from 2005.
Also, as cigarette smoking decreases, we are seeing a decrease in the proportion of middle school smokers who report a desire to quit, and a lower rate of middle school smokers actually making a quit attempt. In addition, fewer than half of current smokers in both middle and high school reported knowing where to get help to quit smoking. This is in contrast with an increasing rate of middle school smokers thinking they could quit if they wanted to. The smoker population in middle school may be changing towards a "hardening target" as was suggest by Chassin et al. $(2007)^{11}$. "Hardening target" refers to an increase in the difficulty of reaching and treating the target audience (i.e. youth tobacco users), partly because of compounding psychosocial issues among those who use tobacco (such as substance use issues, socioeconomic disadvantage etc.).
Access to tobacco products through retail outlets continues to be relatively easy for students who attempt to purchase them. Only a third of under-age youth who attempted to purchase cigarettes reported that they were refused the sale because of their age; even fewer, one in four, report being asked to show proof of age.
Relatively low rates of current cigarette smokers reported being asked by doctors, other health care professionals or dentists if they smoked. Of those who reported having been asked, only a third said they were advised to quit. Visits to health care professionals represent opportunities to

[^12]intervene with young tobacco users. Ideally, health care providers would routinely ask young people about their tobacco use and advise and assist users to quit.

It is important to note that the rates reported here do not represent the youth smoking rates of all Arizona youth. Because the YTS is administered in schools, youth not attending school are systematically excluded from the rates. In 2007, $6.4 \%$ of Arizona high school students dropped out during the 2005-2006 school year ${ }^{12}$. According to the academic literature on at-risk youth ${ }^{13}$, those who drop out of school are much more likely to engage in high-risk behavior such as using tobacco compared with those who remain in school. Therefore, it can be assumed that the tobacco use rates for all Arizona youth are somewhat higher than the in-school rates reported in this document.

[^13]
## Appendix A

Availability of Arizona YTS items across survey years

|  | Ever | Curre | Frequent | Ever | Curren | Frequent | Ever | Curren | Frequent |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Cigarettes |  |  |  | Chewing Tobacco |  |  | Pipe |  |  |
| 2007 | X | X | X | X | X | X | O | X | X |
| 2005 | X | X | X | X | X | Responses differ | X | X | O |
| 2003 | X | X | X | X | X | X | O | X | X |
| 2000 | X | X | X | X | X | X | O | X | X |
| Bidis (listed separately) |  |  |  | Kreteks (listed separately) |  |  | Bidis and Kreteks (listed together) |  |  |
| 2007 | X | X | X | X | O | O | X | O | O |
| 2005 | X | X | O | X | X | O | X | X | Responses differ |
| 2003 | X | X | X | X | O | O | X | O | O |
| 2000 | X | X | X | X | O | O | X | O | O |
| Cigars (listed separately) |  |  |  | Cigarillos (listed separately) |  |  | Cigars, Cigarillos or little cigars (listed together) |  |  |
| 2007 | O | O | O | O | O | O | X | X | X |
| 2005 | X | X | O | X | X | O | X | X | Responses differ |
| 2003 | O | O | O | O | O | O | X | X | X |
| 2000 | O | O | O | O | O | O | X | X | X |
| Hookah |  |  |  | Key: |  |  |  |  |  |
| 2007 | X | O | O | $\mathrm{O}=$ Question required is NOT available |  |  |  |  |  |

Responses differ $=$ The question required is available, however the response options differ when compared to the other years

## Appendix B

Arizona 2007 YTS Survey Questionnaire and basic response rates (CDC outcome indicators are included in parenthesis)

| 1. | How old are you? | Weighted N | Weighted \% | Unweighted N |
| :--- | :--- | :---: | :---: | :---: |
| a. | 11 years old or younger | 28400 | 5.4 | 446 |
| b. | 12 years old | 77737 | 14.7 | 1167 |
| c. | 13 years old | 82693 | 15.6 | 1162 |
| d. | 14 years old | 74816 | 14.1 | 944 |
| e. | 15 years old | 77873 | 14.7 | 862 |
| f. | 16 years old | 79375 | 15.0 | 832 |
| g. | 17 years old | 66336 | 12.5 | 647 |
| h. | 18 years old or older | 40563 | 7.7 | 423 |
| Missing | 991 | 0.2 | 14 |  |


| 2. | What is your gender? | Weighted $N$ | Weighted $\%$ | Unweighted N |
| :--- | :--- | :---: | :---: | :---: |
| a. | Female | 256922 | 48.6 | 3228 |
| b. | Male | 268772 | 50.8 | 3224 |
| Missing | 3091 | 0.6 | 45 |  |

## 3. What grade are you in? Weighted N Weighted \% Unweighted N

| a. | 6th | 77309 | 14.6 | 1216 |
| :--- | :--- | :--- | :--- | :--- |
| b. | 7th | 77892 | 14.7 | 1194 |
| c. | 8th | 78493 | 14.8 | 1037 |
| d. | 9th | 80241 | 15.2 | 822 |
| e. | 10th | 76370 | 14.4 | 905 |
| f. | 11th | 67645 | 12.8 | 613 |
| g. | 12th | 66109 | 12.5 | 642 |
| h. Ungraded or other grade |  |  |  |  |
| Missing | 4726 | 0.9 | 68 |  |


| 4. How do you describe yourself? (You can |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| CHOOSE ONE ANSWER, or MORE THAN ONE)* | Weighted N | Weighted \% | Unweighted N |  |
| a. | American Indian or Alaskan Native | 51616 | 9.8 | 710 |
| b. | Asian | 26066 | 4.9 | 340 |
| c. | Black or African American | 40079 | 7.6 | 617 |
| d. | Hispanic or Latino | 195376 | 36.9 | 2712 |
| e. | Native Hawaiian or Other Pacific Islander | 13016 | 2.5 | 170 |
| f. | White | 285856 | 54.1 | 3060 |

*Note: Due to the multiple-choice character of this item, percentages may add up to more than 100 percent.

| 5. Which one of these groups BEST describes you? |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| (CHOOSE ONLY ONE ANSWER) | Weighted N | Weighted \% | Unweighted N |  |
| a. | American Indian or Alaska Native | 27005 | 5.1 | 346 |
| b. | Asian | 13378 | 2.5 | 159 |
| c. | Black or African American | 28824 | 5.5 | 468 |
| d. | Hispanic or Latino | 175433 | 33.2 | 2459 |
| e. | Native Hawaiian or Other Pacific Islander | 6830 | 1.3 | 91 |
| f. | White | 262126 | 49.6 | 2787 |
| Missing | 15189 | 2.9 | 187 |  |



| 7. At home, what language do you speak most |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| often? |  | Weighted N | Weighted \% | Unweighted N |
| a. | English | 373498 | 70.6 | 4366 |
| b. | Spanish | 57374 | 10.9 | 799 |
| c. | Both English and Spanish, about the same amount | 67862 | 12.8 | 995 |
| d. | Other | 21759 | 4.1 | 233 |
| Missing | 8292 | 1.6 | 104 |  |

## THE NEXT GROUP OF QUESTIONS ASKS ABOUT TOBACCO USE.

## Cigarette Smoking

| 8. Have you ever tried cigarette smoking, even one |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| or two puffs? | $(1.13 .2,1.10 .5)$ | Weighted N | Weighted \% | Unweighted N |
| a. Yes | 196725 | 37.2 | 2452 |  |
| b. $\quad$ No | 303325 | 57.4 | 3666 |  |
| Missing | 28735 | 5.4 | 379 |  |

9. How old were you when you smoked a whole

cigarette for the first time? (1.13.1) $\quad$ Weighted N | Weighted \% |
| :---: | Unweighted N

| 10. | About how many cigarettes have you smoked in <br> your entire life? <br> (1.14.1, 1.14.2) |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | None | 341110 | 64.5 | 4120 |
| b. | 1 or more puffs but never a whole cigarette | 49098 | 9.3 | 642 |
| c. | 1 cigarette | 12648 | 2.4 | 157 |
| d. | 2 to 5 cigarettes | 33208 | 6.3 | 395 |
| e. | 6 to 15 cigarettes (about 1/2 a pack total) | 19998 | 3.8 | 241 |
| f. | 16 to 25 cigarettes (about 1 pack total) | 12961 | 2.5 | 161 |
| g. | 26 to 99 cigarettes (more than 1 pack, but less than 5 |  |  |  |
| packs) |  | 16371 | 3.1 | 200 |
| h. | 100 or more cigarettes (5 or more packs) | 34510 | 6.5 | 453 |
| Missing | 8881 | 1.7 | 128 |  |


| 11. Have you ever smoked cigarettes daily, that is, |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| at least one cigarette every day for $\mathbf{3 0}$ days? | Weighted N | Weighted \% | Unweighted N |
| a. $\quad$ Yes | 45948 | 8.7 | 610 |
| b. $\quad$ No | 473239 | 89.5 | 5745 |
| Missing | 9599 | 1.8 | 142 |


| 12.During the past 30 days, on how many days did <br> you smoke cigarettes? <br> (1.14.1) | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | 0 days | 435072 | 82.3 | 5253 |
| b. | 1 or 2 days | 18661 | 3.5 | 228 |
| c. | 3 to 5 days | 10232 | 1.9 | 125 |
| d. | 6 to 9 days | 6874 | 1.3 | 90 |
| e. | 10 to 19 days | 7518 | 1.4 | 98 |
| f. | 20 to 29 days | 7563 | 1.4 | 99 |
| g. | All 30 days | 16292 | 3.1 | 226 |
| Missing | 26572 | 5.0 | 378 |  |

## 13. During the past $\mathbf{3 0}$ days, on the days you

 smoked, how many cigarettes did you smoke per day?(1.14, 2.8.2) $\quad$ I did not smoke cigarettes during the past 30 days

Weighted N Weighted \% Unweighted N

| a. | I did not smoke cigarettes during the past 30 days | 432280 | 81.7 | 5230 |
| :--- | :--- | :---: | :---: | :---: |
| b. | Less than 1 cigarette per day | 17185 | 3.2 | 225 |
| c. | 1 cigarette per day | 11274 | 2.1 | 143 |
| d. | 2 to 5 cigarettes per day | 23128 | 4.4 | 285 |
| e. | 6 to 10 cigarettes per day | 8958 | 1.7 | 112 |
| f. | 11 to 20 cigarettes per day | 3388 | 0.6 | 58 |
| g. | More than 20 cigarettes per day | 3579 | 0.7 | 48 |
| Missing | 28992 | 5.5 | 396 |  |


| 14. During the past 30 days, what brand of cigarettes did you usually smoke? (CHOOSE ONLY ONE ANSWER) (1.14.2) |  | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: | :---: |
| a. | I did not smoke cigarettes during the past 30 days | 435964 | 82.4 | 5277 |
| b. | I do not have a usual brand | 10589 | 2.0 | 127 |
| c. | Camel | 11016 | 2.1 | 146 |
| d. | Marlboro | 38712 | 7.3 | 500 |
| e. | Newport | 6067 | 1.1 | 95 |
| f. | Virginia Slims | 1341 | 0.3 | 17 |
| g. | GPC, Basic, or Doral | 1382 | 0.3 | 22 |
| h. | Some other brand | 11015 | 2.1 | 144 |
|  |  | 12698 | 2.4 | 169 |



| 16. During the past $\mathbf{3 0}$ days, where did you buy the <br> last pack of cigarettes you bought? <br> ONE ANSWER) <br> (CHOOSE ONLY |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| (CHEL11.2, 1.11.5) | Weighted N | Weighted \% | Unweighted N |  |
| a. | I did not buy a pack of cigarettes during the past 30 |  |  |  |
| days |  | 463005 | 87.6 | 5620 |
| b. | A gas station | 22553 | 4.3 | 278 |
| c. | A convenience store | 6703 | 1.3 | 99 |
| d. | A grocery store | 3525 | 0.7 | 49 |
| e. | A drugstore | 2182 | 0.4 | 38 |
| f. | I bought them over the Internet | 1985 | 0.4 | 23 |
| g. | A tobacco or smoke shop | 7338 | 1.4 | 87 |
| h. | Other | 13915 | 2.6 | 204 |
| Missing | 7578 | 1.4 | 99 |  |

17. When you bought or tried to buy cigarettes in a store during the past 30 days, were you ever asked to show proof of age? Weighted N Weighted \% Unweighted N
a. I did not try to buy cigarettes in a store during the$\begin{array}{llll}\text { past } 30 \text { days } & 476189 & 90.1 & 5787\end{array}$
b. Yes, I was asked to show proof of age ..... 18309

$3.5 \quad 249$
c. No, I was not asked to show proof of age ..... 23428
4.4 ..... 307
Missing ..... 10859
2.1 ..... 154

| 18. During the past 30 days, did anyone ever refuse to sell you cigarettes because of your age? (1.11.3) | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: |
| a. I did not try to buy cigarettes in a store during the past 30 days | 468813 | 88.7 | 5694 |
| b. Yes, someone refused to sell me cigarettes because of my age | 11989 | 2.3 | 182 |
| c. No, no one refused to sell me cigarettes because of my age | 32046 | 6.1 | 418 |
| Missing | 15936 | 3.0 | 203 |



## 20. When was the last time you smoked a cigarette, even one or two puffs? $(3.13 .1,3.13 .2)$

## Weighted $\mathrm{N} \quad$ Weighted \% Unweighted N

$\begin{array}{lllll}\text { a. I have never smoked even one or two puffs } & 336851 & 63.7 & 4089\end{array}$
b. Earlier today $\quad 22802 \quad 4.322$
$\begin{array}{lllll}\text { c. } & \text { Not today but sometime during the past 7 days } & 25979 & 4.9 & 312\end{array}$
d. Not during the past 7 days but sometime during the past 30 days
$11844 \quad 2.2 \quad 154$
e. Not during the past 30 days but sometime during the $\begin{array}{llll}\text { past } 6 \text { months } & 37097 & 744\end{array}$
f. Not during the past 6 months but sometime during

| the past year | 19584 | 3.7 | 236 |
| :--- | :--- | :--- | :--- |


| g. | 1 to 4 years ago | 34836 | 6.6 | 430 |
| :--- | :--- | :--- | :--- | :--- |


| h. | 5 or more years ago | 17770 | 3.4 | 221 |
| :--- | :--- | :--- | :--- | :--- |


| Missing | 22021 | 4.2 | 289 |
| :--- | :--- | :--- | :--- | :--- |


| 21.How long can you go without smoking before <br> you feel like you need a cigarette? | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | I have never smoked cigarettes | 356487 | 67.4 | 4317 |
| b. | I have not smoked cigarettes during the past 30 days | 73824 | 14.0 | 894 |
| c. | Less than an hour | 6519 | 1.2 | 91 |
| d. | 1 to 3 hours | 8237 | 1.6 | 109 |
| e. | More than 3 hours but less than a day | 6171 | 1.2 | 101 |
| f. | A whole day | 5126 | 1.0 | 68 |
| g. | Several days | 10847 | 2.1 | 139 |
| h. | A week or more | 49165 | 9.3 | 616 |
| Missing | 12408 | 2.3 | 162 |  |


| 22. When do you usually smoke cigarettes? (YOU |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| CAN CHOOSE ONE ANSWER OR MORE THAN |  |  |  |  |
| ONE)* |  | Weighted N | Weighted \% | Unweighted N |
| a. | I have never smoked cigarettes | 362787 | 68.6 | 4384 |
| b. | I have not smoked cigarettes during the past 30 days | 69272 | 13.1 | 852 |
| c. | When I am with friends who smoke | 56231 | 10.6 | 706 |
| d. | When I am with friends who don't smoke | 11126 | 2.1 | 161 |
| e. | When I am by myself | 24194 | 4.6 | 325 |
| f. | When I am feeling stressed out | 36692 | 6.9 | 509 |
| g. | When there are no grownups around | 15632 | 3.0 | 211 |
| h. | When I am bored | 20377 | 3.9 | 295 |

*Note: Due to the multiple-choice character of this item, percentages may add up to more than 100 percent.

| 23. | Have you ever smoked in front of your parents? | Weighted N | Weighted $\%$ | Unweighted N |
| :--- | :--- | :---: | :---: | :---: |
| a. | I have never smoked cigarettes | 340239 | 64.3 | 4102 |
| b. | Yes | 33767 | 6.4 | 469 |
| c. | No | 141756 | 26.8 | 1747 |
| Missing | 13023 | 2.5 | 179 |  |


| 24. | Do you consider yourself a smoker? | Weighted N | Weighted \% | Unweighted N |
| :--- | :--- | :---: | :---: | :---: |
| a. | Definitely yes | 34820 | 6.6 | 457 |
| b. | Probably yes | 25333 | 4.8 | 332 |
| c. | Probably not | 50872 | 9.6 | 673 |
| d. | Definitely not | 403853 | 76.4 | 4839 |
| Missing | 13908 | 2.6 | 196 |  |


| 25. | Do you want to stop smoking cigarettes? (3.8.3) | Weighted N | Weighted $\%$ | Unweighted N |
| :--- | :--- | :---: | :---: | :---: |
| a. | I do not smoke now | 430272 | 81.4 | 5179 |
| b. | Yes | 35425 | 6.7 | 477 |
| c. | No | 33813 | 6.4 | 434 |
| Missing | 29276 | 5.5 | 407 |  |

## 26. During the past 12 months, did any doctor, nurse, or other health professional ask you if you smoke?

(3.9.2)

Weighted N Weighted \% Unweighted N

| a. | I haven't visited a doctor's office in the past 12 |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| months | 104017 | 19.7 | 1392 |  |
| b. | Yes | 92597 | 17.5 | 1067 |
| c. | No | 256491 | 48.5 | 3053 |
| d. | Don't know / not sure | 63047 | 11.9 | 803 |
| Missing | 12632 | 2.4 | 182 |  |


| 27. During the past 12 months, did any dentist ask you if you smoke? (3.9.2) | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: |
| a. I haven't visited a dentist's office in the past 12 |  |  |  |
| month | 107320 | 20.3 | 1417 |
| b. Yes | 26025 | 4.9 | 337 |
| c. No | 344792 | 65.2 | 4079 |
| d. Don't know/ not sure | 35874 | 6.8 | 458 |
| Missing | 14774 | 2.8 | 206 |

## 28. During the past 12 months, did any doctor,

 dentist, nurse, or other health professional advise you not to smoke? (3.9.3)Weighted N Weighted \% Unweighted N

| a. I haven't visited a doctor's or dentist's office in the |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| past 12 months | 81419 | 15.4 | 1101 |  |
| b. | Yes | 88774 | 16.8 | 1120 |
| c. | No | 289907 | 54.8 | 3396 |
| d. | Don't know / not sure | 54858 | 10.4 | 682 |
| Missing | 13827 | 2.6 | 198 |  |


| 29. During the past 12 months, have you had an |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| episode of asthma or an asthma attack? | Weighted N | Weighted \% | Unweighted N |
| a. Yes | 68648 | 13.0 | 818 |
| b. No | 423926 | 80.2 | 5218 |
| Missing | 36212 | 6.8 | 461 |


| 30. During the past $\mathbf{1 2}$ months, did you ever try to |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| quit smoking cigarettes? | Weighted N | Weighted $\%$ | Unweighted N |  |
| a. | I did not smoke during the past 12 months | 394634 | 74.6 | 4777 |
| b. | Yes | 52952 | 10.0 | 672 |
| c. No | 60046 | 11.4 | 748 |  |
| Missing | 21153 | 4.0 | 300 |  |


| 31. How many times during the past $\mathbf{1 2}$ months <br> have you stopped smoking for one day or longer because <br> you were trying to quit smoking? $(3.11 .2, ~ 3.13 .2)$ | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | I have not smoked in the past 12 months | 409666 | 77.5 | 4982 |
| b. | I have not tried to quit | 42737 | 8.1 | 528 |
| c. | 1 time | 18838 | 3.6 | 220 |
| d. | 2 times | 9218 | 1.7 | 121 |
| e. | 3 to 5 times | 9222 | 1.7 | 121 |
| f. | 6 to 9 times | 4149 | 0.8 | 66 |
| g. | 10 or more times | 13649 | 2.6 | 166 |
| Missing | 21305 | 4.0 | 293 |  |


| 32. When you last tried to quit, how long did you <br> stay off cigarettes? (3.13.1) | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :---: | :---: | :---: | :---: |
| a. | I have never smoked cigarettes | 371793 | 70.3 | 4493 |
| b. | I have never tried to quit | 48615 | 9.2 | 573 |
| c. | Less than a day | 8212 | 1.6 | 109 |
| d. | 1 to 7 days | 11523 | 2.2 | 157 |
| e. | More than 7 days but less than 30 days | 10336 | 2.0 | 136 |
| f. | 30 days or more but less than 6 months | 15418 | 2.9 | 198 |
| g. | 6 months or more but less than a year | 13829 | 2.6 | 180 |
| h. | 1 year or more | 26625 | 5.0 | 355 |
| Missing | 22434 | 4.2 | 296 |  |


| 33. Do you know of any place where you can get <br> help to quit smoking? | Weighted N | Weighted $\%$ | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | I have not smoked cigarettes during the past 30 days | 385525 | 72.9 | 4660 |
| b. | Yes | 47959 | 9.1 | 615 |
| c. | No | 69985 | 13.2 | 891 |
| Missing | 25315 | 4.8 | 331 |  |


| 34. Have you ever tried the patch or nicotine gum to |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| help you quit smoking? | Weighted N | Weighted \% | Unweighted N |  |
| a. $\quad$ I have never smoked cigarettes | 360254 | 68.1 | 4348 |  |
| b. | Yes | 26426 | 5.0 | 341 |
| c. | 125004 | 23.6 | 1570 |  |
| Mo | 17101 | 3.2 | 238 |  |

## Smokeless Tobacco: Chewing Tobacco, Snuff, or Dip

35. Have you ever used chewing tobacco, snuff, or dip, such as Redman, Levi Garrett, Beechnut, Skoal, Skoal Bandits, or Copenhagen?

Weighted N Weighted \% Unweighted N

| a. | Yes | 62167 | 11.8 | 724 |
| :--- | :---: | :---: | :---: | :---: |
| b. No | 440343 | 83.3 | 5407 |  |
| Missing | 26275 | 5.0 | 366 |  |


| 36. How old were you when you used chewing <br> tobacco, snuff, or dip for the first time? | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | I have never used chewing tobacco, snuff, or dip | 459866 | 87.0 | 5669 |
| b. | 8 years old or younger | 12320 | 2.3 | 138 |
| c. | 9 or 10 years old | 7579 | 1.4 | 100 |
| d. | 11 or 12 years old | 7119 | 1.3 | 96 |
| e. | 13 or 14 years old | 11397 | 2.2 | 132 |
| f. | 15 or 16 years old | 12687 | 2.4 | 124 |
| g. | 17 years old or older | 4234 | 0.8 | 44 |
| Missing | 13585 | 2.6 | 194 |  |



|  | During the $p$ chewing tobac ty? (1.7.10) | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: | :---: |
| a. | 0 days | 494592 | 93.5 | 6048 |
| b. | 1 or 2 days | 6269 | 1.2 | 86 |
| c. | 3 to 5 days | 3589 | 0.7 | 49 |
| d. | 6 to 9 days | 3359 | 0.6 | 48 |
| e. | 10 to 19 days | 1796 | 0.3 | 24 |
| f. | 20 to 29 days | 1927 | 0.4 | 20 |
| g. | All 30 days | 4110 | 0.8 | 42 |
|  |  | 13144 | 2.5 | 180 |

## 39. During the past 30 days, how did you usually get your own chewing tobacco, snuff, or dip? (CHOOSE

ONLY ONE ANSWER) Weighted N Weighted \% Unweighted N

| a. I did not use chewing tobacco, snuff, or dip during |  |  |  |  |
| :--- | :--- | :--- | :--- | :--- |
| the past 30 days | 474694 | 89.8 | 5803 |  |
| b. $\quad$ I bought them in a store such as a convenience store, |  |  |  |  |
| supermarket, discount store, or gas station | 9845 | 1.9 | 113 |  |
| c. | I gave someone else money to buy them for me | 7065 | 1.3 | 76 |
| d. | I borrowed (or bummed) them from someone else | 6053 | 1.1 | 73 |
| e. | A person 18 years old or older gave them to me | 3382 | 0.6 | 46 |
| f. | I took them from a store or family member | 1824 | 0.3 | 23 |
| g. | I got them some other way | 3556 | 0.7 | 49 |
| Missing | 22366 | 4.2 | 314 |  |

## Cigars

|  | $10 .$ <br> r little | Hav cigar | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: | :---: | :---: |
| a. | a | Yes | 135956 | 25.7 | 1665 |
| b. | . | No | 367576 | 69.5 | 4474 |
|  | Missing |  | 25253 | 4.8 | 358 |


| 41. How old were you when you smoked a cigar, <br> cigarillo, or little cigar for the first time? | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | I have never smoked a cigar, cigarillo or little cigar | 384695 | 72.8 | 4692 |
| b. | 8 years old or younger | 16808 | 3.2 | 240 |
| c. | or 10 years old | 13523 | 2.6 | 187 |
| d. | 11 or 12 years old | 22739 | 4.3 | 298 |
| e. | 13 or 14 years old | 36169 | 6.8 | 452 |
| f. | 15 or 16 years old | 31996 | 6.1 | 335 |
| g. | 17 years old or older | 9336 | 1.8 | 105 |
| Missing | 13518 | 2.6 | 188 |  |

## 42. During the past $\mathbf{3 0}$ days, on how many days did you smoke cigars, cigarillos, or little cigars?

Weighted N Weighted \% Unweighted N

| a. | 0 days | 450787 | 85.2 | 5465 |
| :--- | :--- | :---: | :---: | :---: |
| b. | 1 or 2 days | 25915 | 4.9 | 332 |
| c. | 3 to 5 days | 10100 | 1.9 | 136 |
| d. | 6 to 9 days | 6312 | 1.2 | 85 |
| e. | 10 to 19 days | 3879 | 0.7 | 49 |
| f. | 20 to 29 days | 2262 | 0.4 | 34 |
| g. | All 30 days | 3719 | 0.7 | 50 |
| Missing | 25811 | 4.9 | 346 |  |

## 43. During the past 30 days, how did you usually get your own cigars, cigarillos, or little cigars? (CHOOSE ONLY ONE ANSWER) Weighted N Weighted \% Unweighted N

| a. I did not smoke cigars, cigarillos, or little cigars during the past 30 days | 446252 | 84.4 | 5412 |
| :---: | :---: | :---: | :---: |
| b. I bought them in a store such as a convenience store, supermarket, discount store, or gas station | 15135 | 2.9 | 207 |
| c. I gave someone else money to buy them for me | 13520 | 2.6 | 173 |
| d. I borrowed (or bummed) them from someone else | 12819 | 2.4 | 149 |
| e. A person 18 years old or older gave them to me | 7210 | 1.4 | 91 |
| f. I took them from a store or family member | 4569 | 0.9 | 52 |
| g. I got them some other way | 11608 | 2.2 | 161 |
| Missing | 17674 | 3.3 | 252 |

## Pipe

| 44. | During the past $\mathbf{3 0}$ days, on how many days did |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| you smoke tobacco in a pipe? | Weighted N | Weighted \% | Unweighted N |  |
| a. | 0 days | 482286 | 91.2 | 5875 |
| b. | 1 or 2 days | 10553 | 2.0 | 136 |
| c. | 3 to 5 days | 6957 | 1.3 | 90 |
| d. | 6 to 9 days | 5145 | 1.0 | 61 |
| e. | 10 to 19 days | 2958 | 0.6 | 42 |
| f. | 20 to 29 days | 764 | 0.1 | 17 |
| g. | All 30 days | 3978 | 0.8 | 50 |
| Missing | 16144 | 3.1 | 226 |  |

## Bidis and Kreteks

THE NEXT QUESTIONS ARE ABOUT BIDIS (OR "BEEDIES") AND KRETEKS (ALSO CALLED "CLOVE CIGARETTES"). BIDIS ARE SMALL BROWN CIGARETTES FROM INDIA CONSISTING OF TOBACCO WRAPPED IN A LEAF TIED WITH A THREAD. KRETEKS ARE CIGARETTES CONTAINING TOBACCO AND CLOVE EXTRACT.

| 45. Have you ever tried smoking any of the |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| following: | Weighted N | Weighted \% | Unweighted N |  |
| a. | Bidis | 18049 | 3.4 | 247 |
| b. | Kreteks | 15792 | 3.0 | 164 |
| c. | I have tried both bidis and kreteks | 15934 | 3.0 | 211 |
| d. | I have never smoked bidis or kreteks | 451686 | 85.4 | 5498 |
| Missing | 27324 | 5.2 | 377 |  |


| 46.During the past $\mathbf{3 0}$ days, on how many days did <br> you smoke bidis? |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | 0 days | 481704 | 91.1 | 5856 |
| b. | 1 or 2 days | 10650 | 2.0 | 134 |
| c. | 3 to 5 days | 5371 | 1.0 | 75 |
| d. | 6 to 9 days | 8103 | 1.5 | 120 |
| e. | 10 to 19 days | 1713 | 0.3 | 21 |
| f. | 20 to 29 days | 801 | 0.2 | 14 |
| g. | All 30 days | 3246 | 0.6 | 35 |
| Missing | 17197 | 3.3 | 242 |  |


| 47. Have you ever tried smoking hookah, even one |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| or two puffs? | Weighted N | Weighted \% | Unweighted N |
| a. $\quad$ Yes | 76917 | 14.5 | 855 |
| b. No | 423949 | 80.2 | 5255 |
| Missing | 27919 | 5.3 | 387 |

THE NEXT QUESTIONS ASK ABOUT YOUR THOUGHTS ABOUT TOBACCO.

| $\begin{aligned} & 48 . \\ & (1.10 .5) \end{aligned}$ | Do you think that you will try a cigarette soon? | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: | :---: |
| a. | I have already tried smoking cigarettes | 113799 | 21.5 | 1377 |
| b. | Yes | 39560 | 7.5 | 518 |
| c. | No | 350052 | 66.2 | 4252 |
| Missing |  | 25374 | 4.8 | 350 |


| 49.Do you think you will smoke a cigarette at  <br> anytime during the next year? (1.10.5) | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | Definitely yes | 47719 | 9.0 | 624 |
| b. | Probably yes | 52288 | 9.9 | 637 |
| c. | Probably not | 78372 | 14.8 | 940 |
| d. | Definitely not | 331249 | 62.6 | 4029 |
| Missing | 19156 | 3.6 | 267 |  |


| 50. Do you think you will be smoking cigarettes 5 |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| years from now? | Weighted N | Weighted \% | Unweighted N |  |
| a. | I definitely will | 17773 | 3.4 | 245 |
| b. | I probably will | 50134 | 9.5 | 660 |
| c. | I probably will not | 102819 | 19.4 | 1280 |
| d. | I definitely will not | 337445 | 63.8 | 4022 |
| Missing | 20613 | 3.9 | 290 |  |


| 51. If one of your best friends offered you a <br> cigarette, would you smoke it? <br> (1.10.5) | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | Definitely yes | 41604 | 7.9 | 546 |
| b. | Probably yes | 54678 | 10.3 | 679 |
| c. | Probably not | 81346 | 15.4 | 982 |
| d. | Definitely not | 326561 | 61.8 | 3954 |
| Missing | 24595 | 4.7 | 336 |  |


| 52. In the past $\mathbf{1 2}$ months, how often have your <br> parents or guardians discussed the dangers of tobacco <br> use with you? <br> (1.10.3) |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | Wever | 185060 | 35.0 | 2244 |
| b. | Rarely | 108009 | 20.4 | 1252 |
| c. | Sometimes | 123132 | 23.3 | 1518 |
| d. Often | 56691 | 10.7 | 725 |  |
| e. Very often | 36088 | 6.8 | 484 |  |
| Missing | 19806 | 3.7 | 274 |  |


| 53. | Can people get addicted to using tobacco? | Weighted N | Weighted $\%$ | Unweighted N |
| :--- | :--- | :---: | :---: | :---: |
| a. | Definitely yes | 361409 | 68.3 | 4265 |
| b. | Probably yes | 103293 | 19.5 | 1354 |
| c. | Probably not | 17407 | 3.3 | 245 |
| d. | Definitely not | 25035 | 4.7 | 339 |
| Missing | 21641 | 4.1 | 294 |  |


| 54. Do you think young people who smoke <br> cigarettes have more friends? <br> (1.10.2) | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | Definitely yes | 27729 | 5.2 | 380 |
| b. | Probably yes | 75950 | 14.4 | 1048 |
| c. | Probably not | 233307 | 44.1 | 2788 |
| d. | Definitely not | 160592 | 30.4 | 1877 |
| Missing | 31207 | 5.9 | 404 |  |


| 55. Do you think smoking cigarettes makes young |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| people look cool or fit in? (1.10.1) | Weighted N | Weighted \% | Unweighted N |  |
| a. | Definitely yes | 25478 | 4.8 | 339 |
| b. | Probably yes | 44476 | 8.4 | 551 |
| c. | Probably not | 83205 | 15.7 | 1026 |
| d. | Definitely not | 349846 | 66.2 | 4225 |
| Missing | 25780 | 4.9 | 356 |  |

56. Do you think smoking cigarettes makes kids your age look more grown up?

Weighted N Weighted \% Unweighted N

| a. | Definitely yes | 34738 | 6.6 | 442 |
| :--- | :--- | :---: | :---: | :---: |
| b. | Probably yes | 64558 | 12.2 | 795 |
| c. | Probably not | 73355 | 13.9 | 925 |
| d. | Definitely not | 328995 | 62.2 | 3967 |
| Missing | 27139 | 5.1 | 368 |  |


| 57. Do you think smoking cigarettes helps people |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| reduce stress? | Weighted N | Weighted \% | Unweighted N |  |
| a. | Definitely yes | 67490 | 12.8 | 823 |
| b. | Probably yes | 157455 | 29.8 | 1836 |
| c. | Probably not | 101313 | 19.2 | 1285 |
| d. | Definitely not | 173056 | 32.7 | 2139 |
| Missing | 29471 | 5.6 | 414 |  |


| 58. Do you think smoking cigarettes helps people |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| keep their weight down? | Weighted N | Weighted \% | Unweighted N |  |
| a. | Definitely yes | 43181 | 8.2 | 547 |
| b. | Probably yes | 98736 | 18.7 | 1141 |
| c. | Probably not | 157766 | 29.8 | 1962 |
| d. $\quad$ Definitely not | 199539 | 37.7 | 2442 |  |
| Missing | 29564 | 5.6 | 405 |  |


| 59.Do you think young people risk harming <br> themselves if they smoke from $\mathbf{1}$ <br> $\mathbf{- 5}$ cigarettes per day? | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | Definitely yes | 343990 | 65.1 | 4023 |
| b. | Probably yes | 89763 | 17.0 | 1160 |
| c. | Probably not | 21920 | 4.1 | 316 |
| d. | Definitely not | 44152 | 8.3 | 593 |
| Missing | 28960 | 5.5 | 405 |  |


| 60. Do you think it is safe to smoke for only a year or two, as long as you quit after that? | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: |
| a. Definitely yes | 26102 | 4.9 | 330 |
| b. Probably yes | 46241 | 8.7 | 588 |
| c. Probably not | 118350 | 22.4 | 1444 |
| d. Definitely not | 307766 | 58.2 | 3711 |
| Missing | 30325 | 5.7 | 424 |


| 61. Do you think smoking low tar and low-nicotine <br> cigarettes is less harmful to your health than smoking <br> regular cigarettes? | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | Definitely yes | 53738 | 10.2 | 666 |
| b. | Probably yes | 100376 | 19.0 | 1215 |
| c. | Probably not | 144337 | 27.3 | 1746 |
| d. | Definitely not | 195641 | 37.0 | 2378 |
| Missing | 34693 | 6.6 | 492 |  |


| 62. Do you think you would be able to quit smoking <br> cigarettes now if you wanted to? |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | I have never smoked cigarettes | 331545 | 62.7 | 3973 |
| b. | I have not smoked cigarettes during the past 30 days | 72858 | 13.8 | 888 |
| c. | Wes | 72374 | 13.7 | 906 |
| d. $\quad$ No | 21400 | 4.0 | 301 |  |
| Missing | 30609 | 5.8 | 429 |  |


| 63. Have you ever participated in a program to help |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| you quit using tobacco? | Weighted N | Weighted $\%$ | Unweighted N |  |
| a. $\quad$ I have never used tobacco | 323566 | 61.2 | 3905 |  |
| b. | Yes | 20346 | 3.8 | 271 |
| c. | No | 147642 | 27.9 | 1804 |
| Missing | 37232 | 7.0 | 517 |  |


| 64. During this school year, were you taught in any <br> of your classes about the dangers of tobacco use? <br> $(1.7 .9)$ Weighted N | Weighted \% | Unweighted N |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | Yes | 211314 | 40.0 | 2598 |
| b. | No | 191992 | 36.3 | 2249 |
| c. | Not sure | 91801 | 17.4 | 1172 |
| Missing | 33678 | 6.4 | 478 |  |


| 65. During this school year, did you practice ways to <br> say NO to tobacco in any of your classes (for example by <br> role-playing)? (1.7.9) |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a. $\quad$ Wes | 121479 | 23.0 | 1558 |
| b. No | 303190 | 57.3 | 3513 |
| c. Not sure | 69978 | 13.2 | 922 |
| Missing | 34137 | 6.5 | 504 |


| 66. During this school year, have you asked <br> someone, such as a friend or family member, to give up <br> smoking? |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a. |  |  |  |
| Yes | 247046 | 46.7 | 2967 |
| b. No | 240474 | 45.5 | 2942 |
| Missing | 41265 | 7.8 | 588 |



| 68. During this school year, have you participated in <br> a school event, club or group that discouraged tobacco |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| use? | Weighted N | Weighted \% | Unweighted N |
| a. $\quad$ Yes | 80065 | 15.1 | 936 |
| b. No | 407307 | 77.0 | 4961 |
| Missing | 41413 | 7.8 | 600 |


| 69. Did the classes or courses you took about <br> tobacco help you to not use tobacco or to quit using <br> tobacco? |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a. Yes | Weighted N | Weighted \% | Unweighted N |
| b. No | 176835 | 33.4 | 2135 |
| Missing | 282808 | 53.5 | 3382 |

## THE NEXT QUESTIONS ASK ABOUT EVENTS YOU MAY HAVE ATTENDED OR WHAT YOU HAVE SEEN ON TV, AT THE MOVIES, OR ON THE INTERNET.

| 70.During the past $\mathbf{1 2}$ months, have you <br> participated in any community activities to discourage <br> people your age from using cigarettes, chewing tobacco, <br> snuff, dip, or cigars? <br> (1.7.8) |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a. Yes | Weighted N | Weighted \% | Unweighted N |
| b. $\quad$ No | 48859 | 9.2 | 618 |
| c. I did not know about any activities | 256898 | 48.6 | 3110 |
| Missing | 182952 | 34.6 | 2178 |


| 71. <br> During the past $\mathbf{3 0}$ days, have you seen or heard <br> commercials on TV, the Internet, or on the radio about <br> the dangers of cigarette smoking? (1.6.1) <br> a. Not in the past 30 days | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| b. $1-3$ times in the past 30 days | 136196 | 25.8 | 1773 |  |
| c. | $1-3$ times per week | 104072 | 19.7 | 1171 |
| d. | 84812 | 16.0 | 968 |  |
| Daily or almost daily | 99478 | 18.8 | 1167 |  |
| Missing | 67914 | 12.8 | 877 |  |


| 72. When you watch TV or go to movies, how often |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| do you see actors using tobacco? | Weighted N | Weighted \% | Unweighted N |  |
| a. | I don't watch TV or go to movies | 25300 | 4.8 | 301 |
| b. | Most of the time | 151417 | 28.6 | 1882 |
| c. | Some of the time | 224215 | 42.4 | 2597 |
| d. | Hardly ever | 69824 | 13.2 | 880 |
| e. | Never | 18497 | 3.5 | 253 |
| Missing | 39532 | 7.5 | 584 |  |


| 73. When you watch TV, how often do you see |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| athletes using tobacco? | Weighted N | Weighted \% | Unweighted N |  |
| a. | I don't watch TV | 32533 | 6.2 | 374 |
| b. | Most of the time | 31847 | 6.0 | 425 |
| c. | Some of the time | 72161 | 13.6 | 905 |
| d. | Hardly ever | 184333 | 34.9 | 2122 |
| e. | Never | 172787 | 32.7 | 2152 |
| Missing | 35123 | 6.6 | 519 |  |

74. When you are using the Internet, how often do
you see ads for tobacco products?

| a. | I don't use the Internet | 40730 | 7.7 | 553 |
| :--- | :--- | :---: | :---: | :---: |
| b. | Most of the time | 56588 | 10.7 | 713 |
| c. | Some of the time | 114586 | 21.7 | 1361 |
| d. | Hardly ever | 155513 | 29.4 | 1768 |
| e. | Never | 124135 | 23.5 | 1560 |
| Missing | 37231 | 7.0 | 542 |  |


| 75. Have the commercials changed the way you feel <br> about using tobacco? | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | I did not see or hear any commercials | 82577 | 15.6 | 1079 |
| b. | Definitely yes | 101565 | 19.2 | 1278 |
| c. | Probably yes | 91830 | 17.4 | 1053 |
| d. | Probably not | 88943 | 16.8 | 984 |
| e. | Definitely not | 116629 | 22.1 | 1407 |
| Missing | 47240 | 8.9 | 696 |  |

## SOME TOBACCO COMPANIES MAKE ITEMS LIKE SPORTS GEAR, T-SHIRTS, LIGHTERS, HATS, JACKETS, AND SUNGLASSES THAT PEOPLE CAN BUY OR RECEIVE FREE.

| 76. During the past 12 months, did you buy or receive anything that has a tobacco company name or picture on it? |  | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: | :---: |
| a. | Yes | 72634 | 13.7 | 878 |
| b. | No | 400629 | 75.8 | 4842 |
|  |  | 55522 | 10.5 | 777 |


| 77. Would you ever use or wear something that has |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a tobacco company name or picture on it such as a    <br> lighter, $\mathbf{t}$-shirt, hat, or sunglasses? (1.6.3) Weighted N Weighted \% Unweighted N |  |  |  |  |
| a. | Definitely yes | 33524 | 6.3 | 439 |
| b. | Probably yes | 88078 | 16.7 | 1039 |
| c. | Probably not | 135145 | 25.6 | 1601 |
| d. | Definitely not | 228861 | 43.3 | 2786 |
| Missing | 43177 | 8.2 | 632 |  |

## THE NEXT QUESTIONS ASK ABOUT YOUR EXPOSURE TO TOBACCO USE.



| 79. Which of these best describes the rules about <br> smoking inside the house where you live? Smoking is... |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| (2.4.4) | Weighted N | Weighted \% | Unweighted N |  |
| a. | Never allowed inside my home | 379769 | 71.8 | 4485 |
| b. | Allowed only at some times or in some places | 60650 | 11.5 | 777 |
| c. | Always allowed inside my home | 38264 | 7.2 | 514 |
| Missing | 50101 | 9.5 | 721 |  |


| 80. What do you think people should do about smoking in their vehicles? People should ... | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: |
| a. Never allow smoking in their vehicles | 361416 | 68.3 | 4296 |
| b. Allow smoking at some times in their vehicles | 84501 | 16.0 | 1049 |
| c. Always allow smoking in their vehicles | 32446 | 6.1 | 425 |
| Missing | 50422 | 9.5 | 727 |
| 81. During the past 7 days, on how many days did you ride in a car with someone who was smoking cigarettes? (2.7.3, 2.7.5) | Weighted N | Weighted \% | Unweighted N |
| a. 0 days | 320733 | 60.7 | 3758 |
| b. 1 day | 44540 | 8.4 | 545 |
| c. 2 days | 32270 | 6.1 | 402 |
| d. 3 days | 18529 | 3.5 | 249 |
| e. 4 days | 10786 | 2.0 | 140 |
| f. 5 days | 9499 | 1.8 | 110 |
| g. 6 days | 5617 | 1.1 | 65 |
| h. All 7 days | 42445 | 8.0 | 568 |
| Missing | 44368 | 8.4 | 660 |

82. What do you think employers should do about
smoking in indoor areas in places where people work?

| 83. Which of these best describes smoking where |  |  |  |  |
| :--- | :---: | :---: | :---: | :---: |
| you work? Smoking is... (2.4.3) | Weighted N | Weighted \% | Unweighted N |  |
| a. $\quad$ I do not have a job | 346475 | 65.5 | 4327 |  |
| b. | Never allowed where I work | 69596 | 13.2 | 753 |
| c. | Allowed but only at some times or in some places | 46392 | 8.8 | 516 |
| d. | Always allowed where I work | 19514 | 3.7 | 215 |
| Missing | 46808 | 8.9 | 686 |  |



| 85. Now think about indoor public places such as malls, movie theaters, clubs or restaurants. Which of these best describes what you think about smoking in indoor public places? Smoking should... (2.3.7) | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: |
| a. Never be allowed in indoor public places | 377127 | 71.3 | 4497 |
| b. Be allowed in indoor public places but only at some |  |  |  |
| times or in some areas | 86150 | 16.3 | 1036 |
| c. Always be allowed in indoor public places | 12648 | 2.4 | 194 |
| Missing | 52860 | 10.0 | 770 |


| 86. Do you think the smoke from other people's <br> cigarettes is harmful to you? $(2.3 .5)$ | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | Definitely yes | 344137 | 65.1 | 4021 |
| b. | Probably yes | 85718 | 16.2 | 1073 |
| c. | Probably not | 23875 | 4.5 | 331 |
| d. $\quad$ Definitely not | 25627 | 4.8 | 346 |  |
| Missing | 49428 | 9.3 | 726 |  |


| 87. Does anyone who lives with you now smoke <br> cigarettes? (YOU CAN CHOOSE ONE ANSWER OR |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| MORE THAN ONE) | Weighted N | Weighted \% | Unweighted N |  |
| a. | No one who lives with me now smokes cigarettes | 297870 | 56.3 | 3438 |
| b. | A parent (or guardian) | 132328 | 25.0 | 1634 |
| c. | A brother or sister | 43309 | 8.2 | 554 |
| d. | Another adult who lives with us | 27728 | 5.2 | 385 |
| e. | Another young person who leaves with us | 7460 | 1.4 | 112 |

*Note: Due to the multiple-choice character of this item, percentages may add up to more than 100 percent.

|  | How ma tes? | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: | :---: |
| a. | None | 289267 | 54.7 | 3483 |
| b. | One | 69029 | 13.1 | 796 |
| c. | Two | 43687 | 8.3 | 507 |
| d. | Three | 20400 | 3.9 | 243 |
| e. | Four | 22985 | 4.3 | 307 |
| f. | Not sure | 34885 | 6.6 | 447 |
|  |  | 48532 | 9.2 | 714 |


| 89. How many of the adults you know well smoke <br> cigarettes? | Weighted N | Weighted \% | Unweighted N |  |
| :--- | :--- | :---: | :---: | :---: |
| a. $\quad$ A lot | 103685 | 19.6 | 1302 |  |
| b. | Some | 146861 | 27.8 | 1757 |
| c. | Not many | 110942 | 21.0 | 1348 |
| d. | None or almost none | 115804 | 21.9 | 1327 |
| Missing | 51492 | 9.7 | 763 |  |


| 90. <br> cigarettes? | Do lots of kids who go to your school smoke |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | Definitely yes | 112901 | 21.4 | 1247 |
| b. | Probably yes | 169963 | 32.1 | 1864 |
| c. | Probably not | 132429 | 25.0 | 1673 |
| d. | Definitely not | 57046 | 10.8 | 896 |
| Missing | 56446 | 10.7 | 817 |  |


| 91. Do kids at your school ever smoke on school |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| property or at school games? | Weighted N | Weighted \% | Unweighted N |  |
| a. | Definitely yes | 108867 | 20.6 | 1156 |
| b. | Probably yes | 134664 | 25.5 | 1415 |
| c. | Probably not | 124532 | 23.6 | 1514 |
| d. | Definitely not | 107707 | 20.4 | 1626 |
| Missing | 53014 | 10.0 | 786 |  |


| 92. | Does other people's cigarette smoke bother you? | Weighted N | Weighted $\%$ | Unweighted N |
| :--- | :--- | :---: | :---: | :---: |
| a. | Definitely yes | 293058 | 55.4 | 3469 |
| b. | Probably yes | 67023 | 12.7 | 801 |
| c. | Probably not | 61237 | 11.6 | 730 |
| d. | Definitely not | 55775 | 10.5 | 721 |
| Missing | 51692 | 9.8 | 776 |  |

## THE NEXT QUESTIONS ASK ABOUT YOUR SCHOOL PLANS

| 93. | Do you plan to finish high school? | Weighted N | Weighted $\%$ | Unweighted N |
| :--- | :--- | :---: | :---: | :---: |
| a. | Definitely yes | 427920 | 80.9 | 5024 |
| b. | Probably yes | 24475 | 4.6 | 357 |
| c. | Probably not | 10036 | 1.9 | 143 |
| d. | Definitely not | 11720 | 2.2 | 171 |
| Missing | 54634 | 10.3 | 802 |  |
| 94. | Do you plan to go to college? |  |  |  |
| a. | Definitely yes | Weighted N | Weighted \% | Unweighted N |
| b. | Probably yes | 366944 | 69.4 | 4217 |
| c. | Probably not | 74270 | 14.0 | 1009 |
| d. | Definitely not | 22564 | 4.3 | 313 |
| Missing | 14936 | 2.8 | 206 |  |

## THE LAST QUESTIONS ASK ABOUT YOUR DENTAL HEALTH

| 95. How long has it been since you last visited a dentist or a dental clinic (including an orthodontist)? | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: |
| a. Within the last year (12 months ago or less) | 325851 | 61.6 | 3717 |
| b. Within the past 2 years (more than 1 year but less than 2 years ago) | 51558 | 9.8 | 649 |
| c. Within the past 5 years (more than 2 years ago but less than 5 years ago) | 21989 | 4.2 | 283 |
| d. 5 or more years ago | 9869 | 1.9 | 139 |
| e. Never | 11312 | 2.1 | 146 |
| f. Don't know/ not sure | 57665 | 10.9 | 808 |
| Missing | 50541 | 9.6 | 755 |


|  | Do you believe that you " in any of your teeth now? | Weighted N | Weighted \% | Unweighted N |
| :---: | :---: | :---: | :---: | :---: |
| a. | Yes | 89087 | 16.8 | 1108 |
| b. | No | 290498 | 54.9 | 3345 |
| c. | Don't know/not sure | 91874 | 17.4 | 1189 |
| Missing |  | 57326 | 10.8 | 855 |


| 97. Do you have any sealants (plastic coatings |  |  |  |  |
| :--- | :--- | :--- | :--- | :---: |
| to prevent cavities) on your back teeth (molars)? |  |  |  |  |
| a. | Yes | 162666 | 30.8 | 1823 |
| b. No | 231456 | 43.8 | 2823 |  |
| c. Don't know/not sure | 78467 | 14.8 | 1008 |  |
| Missing | 56196 | 10.6 | 843 |  |

## 98. Did you have a toothache during the past 6 months that was bad enough to do any of the following things? <br> Weighted N Weighted \% Unweighted N

(YOU CAN CHOOSE ONE ANSWER or MORE THAN ONE)

|  |  |  |  |  |
| :--- | :--- | :---: | :---: | :---: |
| a. | I did not have a bad toothache during the past 6 |  |  |  |
| months |  | 392376 | 74.2 | 4645 |
| b. | Bad enough to change what you ate or drank | 54647 | 10.3 | 671 |
| c. | Bad enough to keep you from sleeping | 18227 | 3.4 | 258 |
| d. | Bad enough to make you go to the dentist | 16566 | 3.1 | 201 |
| e. | Bad enough to make you miss school | 8851 | 1.7 | 100 |

*Note: Due to the multiple-choice character of this item, percentages may add up to more than 100 percent.


[^0]:    ${ }^{1}$ M.D. Anderson Cancer Center - General Cancer Info: Glossary of Terms A-B. Retrieved May 9, 2008, from http://www.mdanderson.org/patients_public/about_cancer/display.cfm?id=3354011c-72df-11d4aebd00508bdcce3a\&method=displayfull
    ${ }^{2}$ Tobacco-Free QC Glossary of Terms. Retrieved May 9, 2008, from http://www.tobaccofreeqc.org/youth/glossary.php
    ${ }^{3}$ Dictionary.com Unabridged (v 1.1), Based on the Random House Unabridged Dictionary, © Random House, Inc., Retrieved May 9, 2008, from 2006. http://dictionary.reference.com/browse/kretek
    ${ }^{4}$ Wordnet. Retrieved May 9, 2008, from http://wordnet.princeton.edu/perl/webwn?s=tobacco\%20pipe

[^1]:    ${ }^{5}$ Smith-Simone, S. et al. 2008. Waterpipe tobacco smoking: Knowledge, attitudes, beliefs and behavior in two U.S. samples. Nicotine and Tobacco Research. Vol. 10 (2), 393-398
    ${ }^{6}$ MedicinNet.com Cancer Causes Glossary of Terms. Retrieved May 9, 2008, from
    http://www.medicinenet.com/cancer_causes/glossary.htm

[^2]:    ${ }^{7}$ The terms "decrease" and "increase" are used - unless explicitly mentioned otherwise - to refer to changes that occurred in reference to the first year of available data, i.e. 2000 for middle school results and 2003 for high school results.

[^3]:    ${ }^{8}$ Dropout Rate Report: 2006 (http://www.azed.gov/researchpolicy/DropoutInfo/20052006/DropoutReport2006v2.pdf on February 18, 2008

[^4]:    ${ }^{9}$ Rates for 2005 may differ from general trends over time due to slightly different wording of survey items in 2005.

[^5]:    Data Source: AZ YTS 2000, 2003, 2005, 2007

[^6]:    Data Source: AZ YTS 2003, 2005, 2007

[^7]:    Data Source: AZ YTS 2003, 2005, 2007

[^8]:    ${ }^{10}$ U.S.Department of Health and Human Services (2006). The health consequences of involuntary exposure to tobacco smoke: a report of the Surgeon General U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, Coordinating Center for Health Promotion, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health.

[^9]:    Data source: AZ YTS 2007

[^10]:    Data source: AZ YTS 2007, 2005, 2003 (HS Only)

[^11]:    Data source: AZ YTS 2007, 2005, 2003

[^12]:    ${ }^{11}$ Laurie Chassin, Clark Presson, Antonio Morgan-Lopez, Steven J. Sherman, 'Deviance proneness' and adolescent smoking 1980 versus 2001: Has there been a 'hardening' of adolescent smoking?, Journal of Applied Developmental Psychology, Volume 28, Issue 3, , May-June 2007, Pages 264-276.

[^13]:    ${ }^{12}$ Dropout Rate Report: 2006 (http://www.azed.gov/researchpolicy/DropoutInfo/20052006/DropoutReport2006v2.pdf) on February 18, 2008
    ${ }^{13}$ Pirie, P. L., Murray, D. M., \& Luepker, R. V. (1988). Smoking prevalence in a cohort of adolescents, including absentees, dropouts, and transfers. American Journal of Public Health, 78, 176.

